

# Fit for School Knowledge Map // Cambodia



FIT APPROACH

WinS  
MONITORING

THEMATIC  
APPLICATION


MANUALS

LEARNING  
EXCHANGE

WASH  
FACILITIES

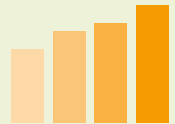

RESEARCH

## Transforming Schools into Healthy Places





### WinS MONITORING

Fit for School supports national ministries to monitor school health implementation and progress in their countries. Monitoring does not only provide national data for budget and activity planning, designed right it can also build capacities of those involved and sets incentives to implement improvements. Learn more about how that works here: [PAGE 05](#)


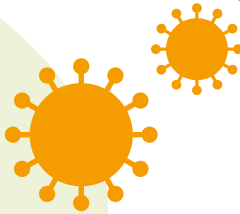

### FIT APPROACH

Fit for School stands for simple school health interventions that can sustainably be taken to scale by the respective education systems. Learn more about the approach here: [PAGE 04](#)



### THEMATIC APPLICATION

Depending on the specific context, different aspects of WASH in Schools and school health are of relevance. Learn more about how the Fit for School principles can be applied to various thematic areas, like school feeding, menstrual health and hygiene: [PAGE 13](#)



### LEARNING EXCHANGE & TRAINING

A key strategy of the Fit for School approach is to bring together those that implement it: teachers, school principals, education and health officials on various levels and even internationally to foster horizontal and vertical technical transfer and knowledge exchange. You can find the documentation of these learning exchanges and knowledge management here: [PAGE 12](#)

### RESEARCH

Fit for School focuses on evidence-based health interventions. Rigorous research to validate, verify and strengthen the Fit for School approach has been conducted over the years to compile a body of evidence for the effectiveness and efficiency of the approach. Learn more about our methodology and impact here: [PAGE 10](#)

# Making Children Fit for School

### IMPLEMENTATION MANUALS & VIDEOS

Fit for School has worked with various ministries of education around the world and collected implementation experiences in diverse contexts. Learn more about how the Fit for School approach and principles were contextualized in specific settings: [PAGE 06](#)





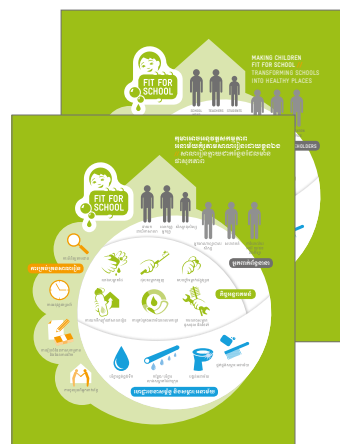
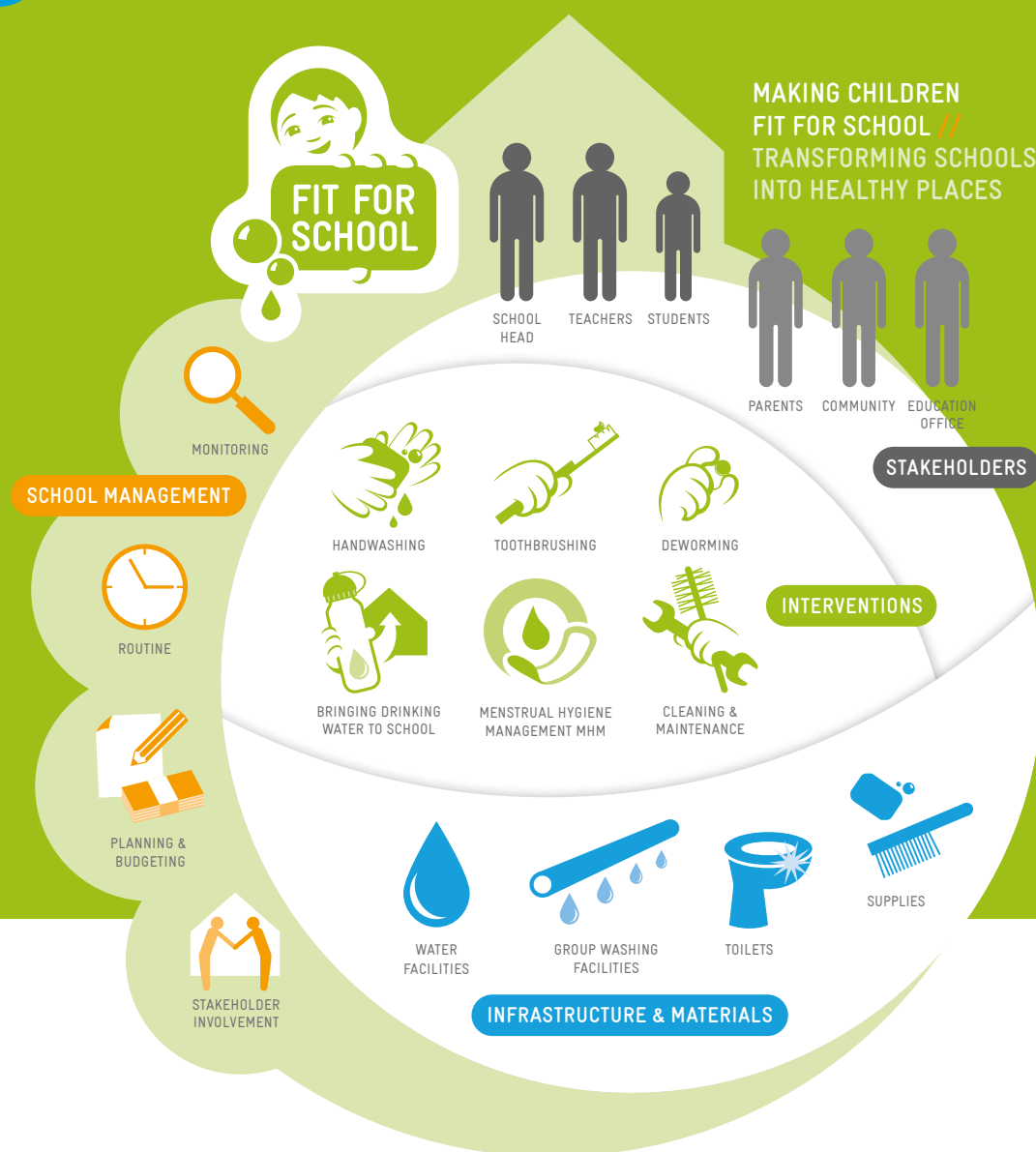

### WASH FACILITIES

Fit for School is focusing on improving school hygiene by promoting effective and affordable solutions. Water, sanitation and hygiene hardware and the operation and maintenance thereof are key components for which Fit for School has developed cost-effective designs and guidance materials. Find out here: [PAGE 08](#)






## > Fit Approach



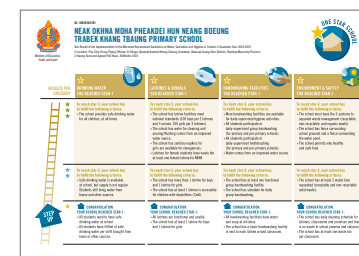
### Fit for School Infographic // Making Children Fit for School

> This is the Fit for School infographic that summarized and visualized transforming schools into healthy places.

FORMAT: Infographic, JPG, 1 page, 2018, available in English and Khmer  
 SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
 LINKS: English – <https://bit.ly/3DHkf8i>  
 Khmer – <https://bit.ly/3p3d8aM>



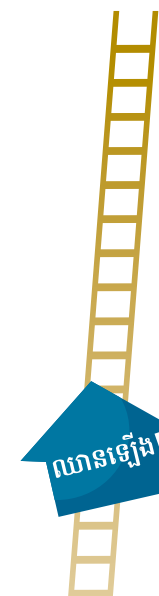
## > WinS Monitoring



### WASH in Schools & Three Star Approach: Self Assessment Results // Report Cards Star Level

> The Minimum Requirement Guidelines for WinS Report Card is a tool that allows national and subnational levels of the Ministry of Education, Youth and Sport of Cambodia to give feedback to each individual school on how they are performing in their WinS implementation, provide feedback on the next steps they should take, and certify their star level status in the form of an official certificate by MOEYS, issued by the district, province or national level depending on the star level

FORMAT: Report cards, PDF, 2021, available in English and Khmer  
 SOURCE: Ministry of Education, Youth and Sport supported by Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
 LINK: Coming soon





## ➤ Implementation Manuals & Videos



### School Community Manual // Primary Schools

➤ This School Community Manual outlines the practical steps for school heads, teachers, parents and community members on how to support and engage in activities based on the Fit for School Approach. It details the characteristics of a supportive school environment and describes the implementation of practical interventions. In addition, the manual provides guidance on cleaning, operation and maintenance, as well as regular and structured monitoring. Finally, roles and responsibilities of the different stakeholders are clarified.

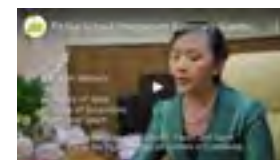
FORMAT: Manual, PDF, 72 pages, 2017, available in English and Khmer  
 SOURCE: School Health Department of the Ministry of Education, Youth and Sport, Department of Health Prevention of the Ministry of Health, Department of Rural Health Care of the Ministry of Rural Development in collaboration with Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH (GIZ)  
 LINK: <https://bit.ly/3dx8fkz>



### Fit Basic Orientation Videos for Public Primary Schools

➤ This Video addressing the role of the school principal, school committee, teachers, parents and local authorities in implementing the Fit for School Programme in schools in Cambodia.

FORMAT: Video, 15 Min, 2015, English and Khmer  
 SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
 LINK: <https://bit.ly/2MOR8zf>



### Fit for School Programme Summary

➤ Summary about the Fit for School Program in the Cambodian context which aims to make simple and cost-effective preventive measures, like hand washing with soap and tooth brushing, part of the daily routine in public elementary schools.

FORMAT: Video, 5 Min, 2015, English  
 SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
 LINK: <https://bit.ly/3caWVsP>



### Minimum Requirement Guidelines on WASH in Schools // Three Star Approach

#### Videos

➤ In order to reach the water, sanitation, and hygiene goals of the Cambodian National Strategic Development Plan, the Ministry of Education, Youth and Sport has developed the "Minimum Requirement Guidelines on Water, Sanitation and Hygiene in Schools". The video series aims to guide education officers and stakeholders to strengthen and improve WASH in Schools through implementing step by step activities in the following categories:

- Category 1: Drinking Water
- Category 2: Latrines and Urinals
- Category 3: Handwashing Facilities
- Category 4: Environment and Safety

FORMAT: Video, 3 Min (introduction), 3:19 Min (drinking water), 4:28 Min (latrines and urinals), 4:30 Min (handwashing facilities), 4:30 (environment and safety), 6:15 Min (summary and Three Star Approach), 2021, English and Khmer

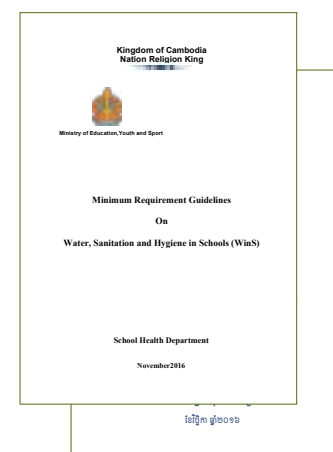
SOURCE: Ministry of Education, Youth and Sports supported by Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
 LINK: <https://bit.ly/3irHbWz>



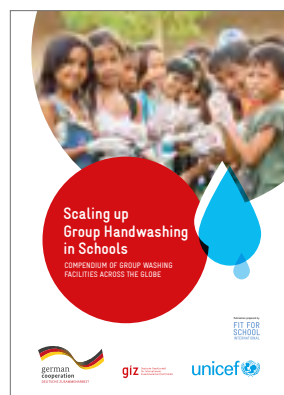
#### Manual

➤ The Minimum Requirement Guidelines on Water, Sanitation, and Hygiene in Schools (WinS) contributes to promote health and the effectiveness of educational services. This document provides guidance on the steps and simple activities related to programs on water, sanitation, and hygiene that need to be carried out by schools directly in order to reduce infectious diseases, especially diarrhea and respiratory infection, as well as reducing nutritional problems.

FORMAT: Manual, PDF, 25 pages Khmer, 18 pages English, 2016, available in English and Khmer  
 SOURCE: Ministry of Education Youth and Sport supported by Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) and Unicef  
 LINKS: English – <https://bit.ly/3n8YAnF>  
 Khmer – <https://bit.ly/3DHHfIL>



# > WASH Facilities



## Scaling up Group Handwashing in Schools // Compendium of Group Washing Facilities Across the Globe

> The "Compendium of Group Washing Facilities around the Globe" (UNICEF-BMZ-GIZ) comprises such examples from Afghanistan, Cambodia, Fiji, India, Indonesia, Kiribati, Lao PDR, Liberia, Mali, Nigeria, Philippines, Tanzania and Zambia. This publication is a collection of exemplary designs for group washing facilities. It is intended as an introduction to the topic and the concept of group handwashing, as well as the principles and the basic requirements for facilities.

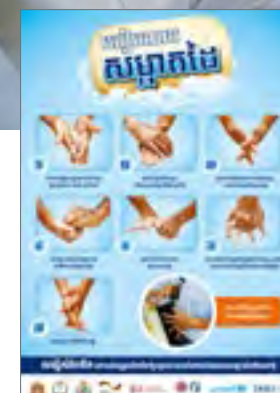
FORMAT: Compendium, PDF, 88 pages, 2016, English  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), UNICEF, Fit for School International  
LINK: <https://bit.ly/3B2FDsh>



## Group Washing Facility Models // Schools in Cambodia

> The catalogue gives an overview about the different group washing facility types in FIT schools in Cambodia..

FORMAT: Catalogue, PDF, 12 pages, 2014, English  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH (GIZ)  
LINK: <https://bit.ly/2YPLKGM>



## Handwashing Method // 7 Step Guide

> Washing hands properly helps prevent infectious diseases, including COVID-19.

FORMAT: Poster, JPG, 1 page, 2018, Khmer  
SOURCE: Ministry of Education, Youth and Sport, Ministry of Health, Ministry of Rural Development, Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), UNICEF, and DFID  
LINK: <https://bit.ly/3BS63Ak>



## Group Washing Facilities in Cambodia // Low, Medium and High Cost Solutions

> Daily hygiene group activities in schools are a simple, cost-effective way to promote a healthy life and good education for kids. Several solutions have been created in schools to provide facilities that can be used by a group of students at the same time. This catalogue provides an overview of facilities in primary schools in Kampot Province, Cambodia.

FORMAT: Catalogue, PDF, 88 pages, 2016, available in English and Khmer  
SOURCE: School Health Department of the Ministry of Education, Youth and Sport in collaboration with Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH (GIZ)  
LINK: <https://bit.ly/2ZdgQEs>



## WASHaLOT // User's Guide Group Handwashing Facility

> This users guide provides information on the installation, operation and maintenance of the WASHaLOT for schools and communities. It was produced jointly under a collaboration between MoEYS, GIZ and UNICEF in Cambodia.

FORMAT: User's Guide, PDF, 12 pages, 2015, available in English and Khmer  
SOURCE: School Health Department of the Ministry of Education, Youth and Sport in collaboration with Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH (GIZ) and Unicef  
LINK: <https://bit.ly/3vCU8Ry>



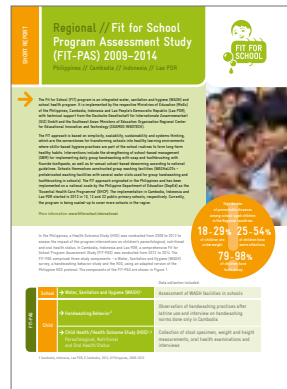
## WASHaLOT // Prefabricated Group Washing Facility for Schools

> The WASHaLOT installation video provides guidance for stakeholders on school and community level on how to install this simple group washing facility.

FORMAT: Video, 10 Min, 2015, English  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
LINK: <https://bit.ly/3vQUNk0>



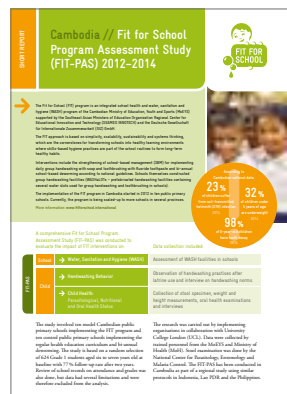




## Fit for School Programme Assessment Study (FIT-PAS) // Report 2009-2014

➤ A report on the Fit for School Programme Assessment Study from 2012 to 2014 done in Cambodia, Indonesia, Lao PDR and the Health Outcome Study in the Philippines (2009 – 2011). The research was carried out by implementing organizations in partnership with several local and international universities. Data were collected by teams of trained personnel from the respective MoEs, the Ministries of Health (MoHs), local universities and local NGOs in each country.

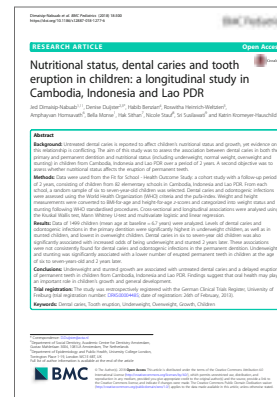
FORMAT: Short report, PDF, 8 pages, 2016, available in English and French  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
LINK: <https://bit.ly/3c8RVn6>



## Fit for School Programme Assessment Study (FIT-PAS) // Short Report 2012-2014

➤ The comprehensive assessment study was conducted to evaluate the impact of FIT interventions on WASH in schools, handwashing behavior and child health (Parasitological, Nutritional and Oral Health Status). A short report on the Fit for School Program Assessment Study from 2012 to 2014 done in Cambodia.

FORMAT: Short report, PDF, 4 pages, 2016, available in English  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
LINK: <https://bit.ly/3vziHPs>



## Nutritional Status, Dental Caries and Tooth Eruption in Children

➤ Untreated dental caries is reported to affect children's nutritional status and growth, yet evidence on this relationship is conflicting. The aim of this study was to assess the association between dental caries in both the primary and permanent dentition and nutritional status (including underweight, normal weight, overweight and stunting) in children from Cambodia, Indonesia and Lao PDR over a period of 2 years. A second objective was to assess whether nutritional status affects the eruption of permanent teeth.

FORMAT: Research article, PDF, 11 pages, 2013, available in English  
SOURCE: Dimaisip-Nabuab, J., Duijster, D., Benzian, H. et al.  
BMC Pediatr 18, 300 (2018). <https://doi.org/10.1186/s12887-018-1277-6>  
LINK: <https://bit.ly/3bhAnXq>



## Scale-Up Success Factors

➤ The Royal Kingdom of Cambodia started to implement the Fit for School Programme in 2011. With support from GIZ and SEAMEO INNOTECH, the Ministry of Education, Youth and Sports (MoEYS) implemented the programme in 10 public primary model schools in different geographical locations: Phnom Penh, Kampot, Takeo, Kampong Thom, and Kampong Chhang. In 2014, the MoEYS decided to focus its scale-up strategy on Kampot Province first and establish a working model for the rest of the country subsequently. As of October 2017, Kampot Province has scaled-up the full Fit for School Programme activities to 70 primary schools (23 % of all 306 primary schools) in less than two years.

FORMAT: Research update, PDF, 24 pages, 2018, available in English and Khmer  
SOURCE: Ministries of Education Youth and Sport supported by  
Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) and Seameo Innotech  
LINK: <https://bit.ly/3eetzuC>



## > Learning Exchange & Training



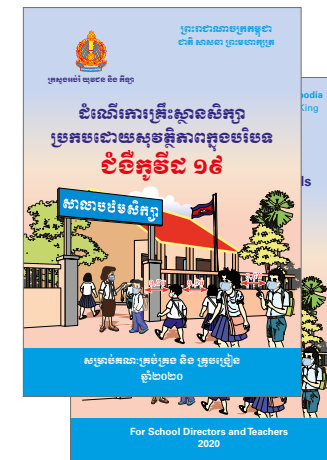
### How to do WinS Learning Exchanges // Minimum Requirements for WASH in Schools

> This factsheet shows key activities that need to be done to prepare and conduct WASH in Schools learning exchanges.

FORMAT: Factsheet, PDF, 4 pages, 2017, available in English and Khmer  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
LINK: <https://bit.ly/3QnEMtm>



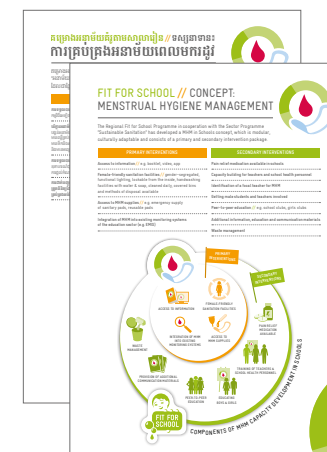
## > Thematic Application



### The Safe Operation of Schools in the Context of COVID-19

> The main objective of this handbook is to support school directors and teachers at all levels of education to safely operate the reopening of schools in the context of COVID-19. The handbook incorporates information and knowledge related to COVID-19, key principles for the safe and hygienic operation of schools in the 'new normal', and activities to be done before and during school reopening followed by the possibility of reclosing schools again.

FORMAT: Handbook, PDF, 75 pages, 2020, available in Khmer and English  
SOURCE: Ministry of Education, Youth and Sport  
LINK: <https://uni.cf/3bmYuGN>



### Fit for School // Concept: Menstrual Hygiene Management

> This publication provides a comprehensive concept on primary and secondary interventions that are needed for Menstrual Hygiene Management in schools. Components of MHM Capacity Development in Schools are illustrated. The compiled list of needed components is based on the WHO-UNICEF JMP Programme Service ladders for monitoring WASH in Schools in the SDGs.

FORMAT: Flyer, PDF, 2 pages, 2019, available in English, Khmer, Lao and Nepali  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), SuSanA  
LINK: <https://bit.ly/3Pfofqs>



### COVID-19 Infection Prevention and Control in Schools

> This is a compilation of management support tools and IEC materials which aims to streamline global recommendations, national policies, and the Ministry of Education's implementing guidelines on COVID-19 infection prevention and control in schools into clear actionable formats for integration into daily operations of school-level implementers. This includes the Checklists (for school entrance, classrooms, and toilets), Cleaning & Disinfecting Procedures, and IEC Materials for Learners on key messages on COVID-19 infection prevention & control measures.

FORMAT: Poster, checklist, sticker, work sheet, PDF, 1 page each, 2021-2022, available in English and Khmer  
SOURCE: Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ)  
LINK: <https://bit.ly/3QuGgCg>







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